



NTTAC
National Training &
Technical Assistance Center
for Child, Youth, & Family Mental Health

WELCOME!

**Trauma and Resiliency
Action-Informed Learning
Series (TRAILS) Kick-off Event**

DISCLAIMER

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This event will be recorded and posted on our NTTAC project website at www.nttacmentalhealth.org.

Language Matters

NTTAC uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED AND HOPEFUL

INCLUSIVE AND ACCEPTING OF DIVERSE CULTURES, GENDERS, PERSPECTIVES, AND EXPERIENCES

HEALING-CENTERED/ TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS PARTICIPATING IN THEIR OWN JOURNEYS

PERSON-FIRST AND FREE OF LABELS

NON-JUDGMENTAL AND AVOIDING ASSUMPTIONS

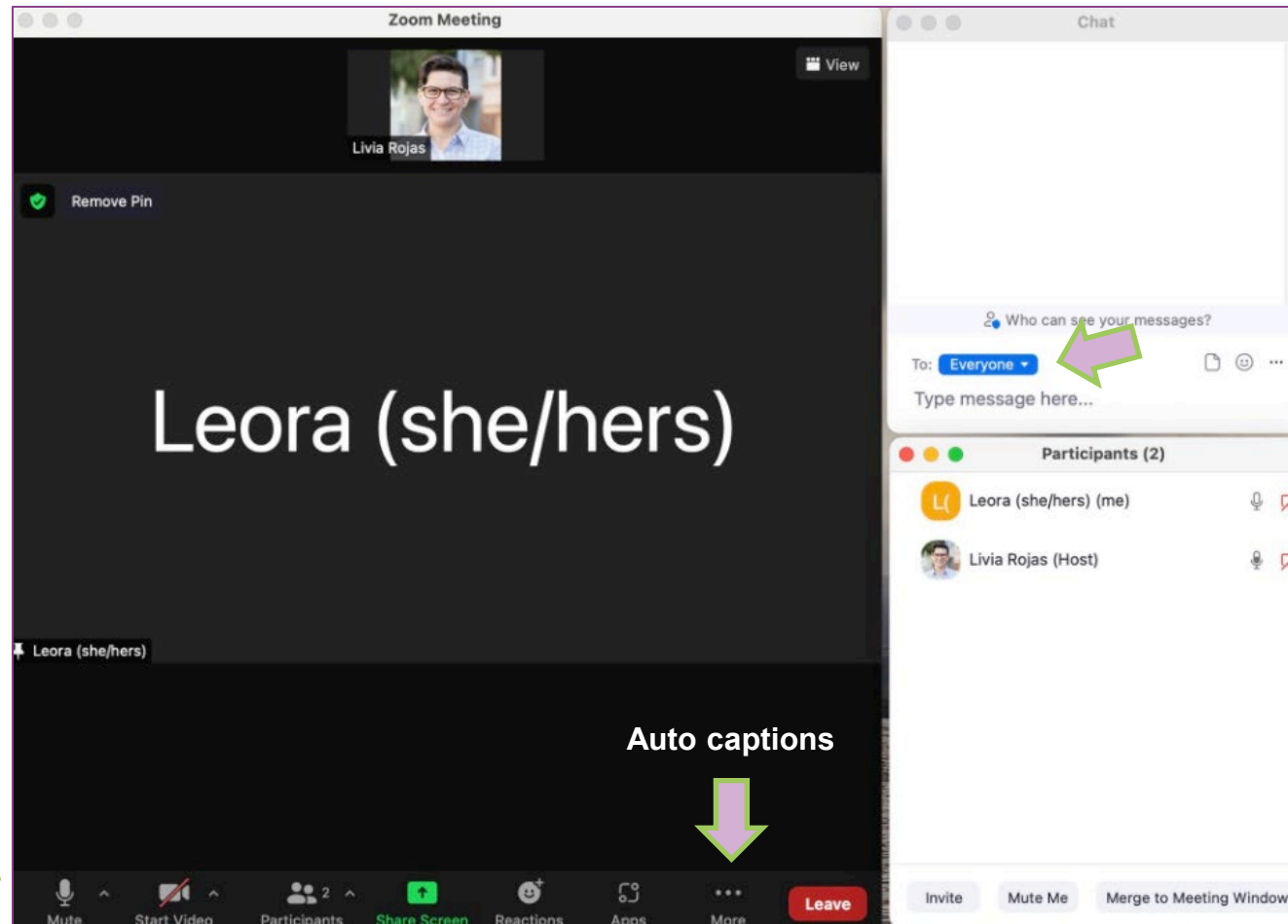
RESPECTFUL, CLEAR AND UNDERSTANDABLE

CONSISTENT WITH OUR ACTIONS, POLICIES, AND PRODUCTS



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USING ZOOM



Enable audio for speaker and mic. If calling in, dial the number provided in registration confirmation

Set chat dropdown to "Everyone."

Auto captions can be helpful should you momentarily lose audio. Click on "More," then "Closed Caption" 

Start video if you have a web cam. This is helpful for us to get to know each other but not required.

Reactions signal to facilitators to slow down, pause, etc.

TELL US WHERE YOU ARE LOCATED

Go to www.menti.com and enter code **1732 2195**



3 Realms of ACEs

Adverse childhood and community experiences (ACEs) can occur in the household, the community, or in the environment and cause toxic stress. Left unaddressed, toxic stress from ACEs harms children and families, organizations, systems and communities, and reduces the ability of individuals and entities to respond to stressful events with resiliency. Research has shown that there are many ways to reduce and heal from toxic stress and build healthy, caring communities.



Thanks to Building Community Resilience Collaborative and Networks and the International Transformational Resilience Coalition for inspiration and guidance. Please visit [ACESConnection.com](https://www.acesconnection.com) to learn more about the science of ACEs and join the movement to prevent ACEs, heal trauma and build resilience.

Source: <https://www.acesconnection.com/g/resource-center/blog/3-realms-of-aces-handout>

ACES
Connection

Upcoming TRAILS Offerings ~ Fall 2021-Summer 2022

Community Focus:

- Community Resilience Strategies: Integrating BIPOC Voices in Systems of Care (*Podcast*)
- Healing & Centering Community Care: Lived Experience Impacts for Systems of Care (*Community of Practice*)
- Supporting Transitions from Early Learning to School: Trauma-Informed Transitions in a System of Care (*Virtual Learning Series*)

Provider/Organization Focus:

- Trauma-Informed Wellness Strategies: Creating a Culture of Wellness in Your Systems of Care Organization (*Webinar*)
- Addressing the Impact of Secondary Trauma on Peer Support Providers: What Can Organizations Do? (*Facebook Live*)
- Systemic Trauma: What to do when institutions cause harm & how we can prevent it (*Virtual Learning Series*)
- Organizational Trauma Resilience: An organizational GPS to trauma-informed care (*Curriculum*)

Individual/Front-Line Staff Focus:

- Building Bridges of Hope: Trauma-Informed School-Caregiver Partnerships (*Community of Practice*) [Register here!](#)
- Creating Safe Spaces for People Working As Peer Specialists & Creating Safe Spaces for People Working With Peer Specialists (*Two-Part Webinar Series*)
- Intergenerational Caregiving & Intergenerational Trauma (*Webinar*)
- Youth Roles in Governance, Boards, & Committees (*Webinar*)
- “Don’t call me resilient”: Supporting youth & family-driven resistance policies & practices (*Webinar*)