

Trauma and Resiliency Action-Informed Learning Series (TRAILS) Learning Guide

Invitation: Use this learning guide to write down any notes, wonderings, or questions you have for the panelists.

Priming Resources:

[The 3 Realms of ACES](#)

[ACEs Aware Trauma-Informed Network of Care Roadmap](#)

[“The Future of Healing: Shifting from Trauma Informed Care to Healing Centered Engagement”](#) by Dr. Shawn Ginwright

Small Group Dialogue Invitation:

After the panel discussion, we will transition to small groups for facilitated dialogue. NTTAC tech team will facilitate the transition for the group. The room facilitator and discussion question will rotate, but participants will remain in the same small groups. During the transition, participants will be invited to share their take-aways via Menti.

Small Group Dialogue Prompts:

Station 1 // Facilitator: Tracy

What is the number 1 issue related to trauma for your organization or system?

Station 2 // Facilitator: Millie

What innovations, improvements or new practices have you seen as a result of the events of the last couple of years?

Station 3 // Facilitator: Yesmina

What are the complexities in your current work around this topic?

Station 4 // Facilitator: Sukey

What is an aspect of trauma or resilience that no one is talking about, but you wish they would? What are people hungry for?

The Lounge // Facilitator: Julie

The Lounge is available to all participants if they need space to process, re-regulate, or check in with a member of our staff.

You can message a member of our tech support team for help getting into the lounge or by selecting “Join” on Room 5 any time the break rooms are open.

Trauma and Resiliency Action-Informed Learning Series (TRAILS) Take-Aways

New learnings:

Quotes from peer panelists that I want to remember:

Questions I have (an acronym someone used, or a question that surfaced from what someone said):

Takeaways (I want to remember, I aspire to, I need to learn more about):

Commitments (1-2 things I might continue to do or do differently after my learning):

JOIN US! All year long as we continue the TRAILS series and tell us how we did today by giving us feedback here: https://www.surveymonkey.com/r/NTTAC_Central10212021