

## Working for the Mental Health of ALL Children and Youth.

### WHO WE ARE

The National Training and Technical Assistance Center for Child, Youth, and Family Mental Health (NTTAC) is a SAMHSA-funded initiative to increase the access to, effectiveness of, and dissemination of evidence-based mental health services for young people (ages 0-21) and their families, including young people experiencing serious mental illness or serious emotional disturbance (SMI/SED).

NTTAC supports building, expanding, and sustaining a system of care that is trauma informed and person centered. NTTAC is committed to equity, inclusion, and diversity, and we promote authentic partnership with youth and families.

### OUR APPROACH

NTTAC is organized around six “Transformation Teams” that each provide trainings, technical assistance, and resources on a specific area of expertise.

These focus areas are:

- *Infant & Early Childhood*
- *Youth & Young Adults of Transition Age*
- *Partnerships for Systems Transformation*
- *Community Wellness & Peer Supports*
- *Clinical & Health Care*
- *School-based Services*

The Transformation Teams are comprised of experienced clinicians, researchers, field leads, trainers, youth and family engagement advisers, and equity consultants.



Sign up to receive “5 Things Digests” and more from the Transformation Teams: [bit.ly/nttac-signup](http://bit.ly/nttac-signup)

### OUR SERVICES

NTTAC opportunities are open to all and offered at **no cost to participants**. NTTAC serves mental health professionals, primary care providers, peers, educators, system leaders, and other youth and family support professionals, with a special emphasis on System of Care communities and serving young people with or at risk for SMI/SED.



**Do you have a question or TTA request, or are you interested in working with us as a subject matter expert?**

Contact us at [NTTACinfo@cars-rp.org](mailto:NTTACinfo@cars-rp.org) and a member of our Transformation Teams will be in touch!

## HOW TO GET INVOLVED

NTTAC offers a range of opportunities for different levels of engagement, interests, and learning styles. These are just some of the ways we hope to support your efforts. Whether you're looking for a little information, more in-depth learning, or intensive assistance to advance your work—or anything in between—NTTAC services are available for you.



### RESOURCING

Are you interested in staying informed about NTTAC opportunities, tools to support your work, and developments in the field? Sign up for our mailing list ([bit.ly/nttac-signup](http://bit.ly/nttac-signup)). You'll receive **5 Things Digests** with quick updates about new resources and research in your field. We'll also keep you in-the-know about upcoming events and new tools for deeper learning.



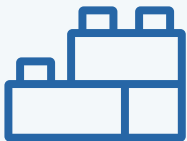
### ENERGIZING

Our work is interconnected, and through collaboration, we create a stronger system of care. Explore NTTAC opportunities to connect with peers in your field and learn their strategies. Join NTTAC for **peer learning exchanges, communities of practice, panel webinars**, and more ways to uplift your efforts and build on lessons learned.



### GROWING

You're looking for ways to deepen your professional skills. You want information and strategies that are relevant, applicable, and timely. The NTTAC Team is committed to bringing you rich learning and skill development opportunities that can enhance your work now. Register for **training academies and webinars**, listen to **podcasts**, access practical **tools**, and more.



### BUILDING

Your organization and the communities you serve are unique, with unique challenges and assets. Access **coaching, consultation, and cohort learning** opportunities for customized support to help you build and grow a system of care that is responsive to the needs of your region.



### SUSTAINING

You are a change agent or experienced leader in the system of care, and you're seeking support to expand, sustain, and replicate the work. Engage in shared learning and intensive support to advance meaningful change. In addition to **consultation and coaching**, the NTTAC Team is designing **trainings on advanced topics and systems and policy change institutes** to support your work at every stage.

## OUR PARTNERS

NTTAC is a partnership between seven organizations with a history of serving the mental health workforce and systems of care nationwide. Our partnership includes researchers, clinicians, experienced TTA providers, and youth and family expertise across systems.



### Contact us

Toll-Free: (888)-945-9377  
Email: [NTTACinfo@cars-rp.org](mailto:NTTACinfo@cars-rp.org)  
Website: <http://nttacmentalhealth.org/>

### Stay Connected

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